

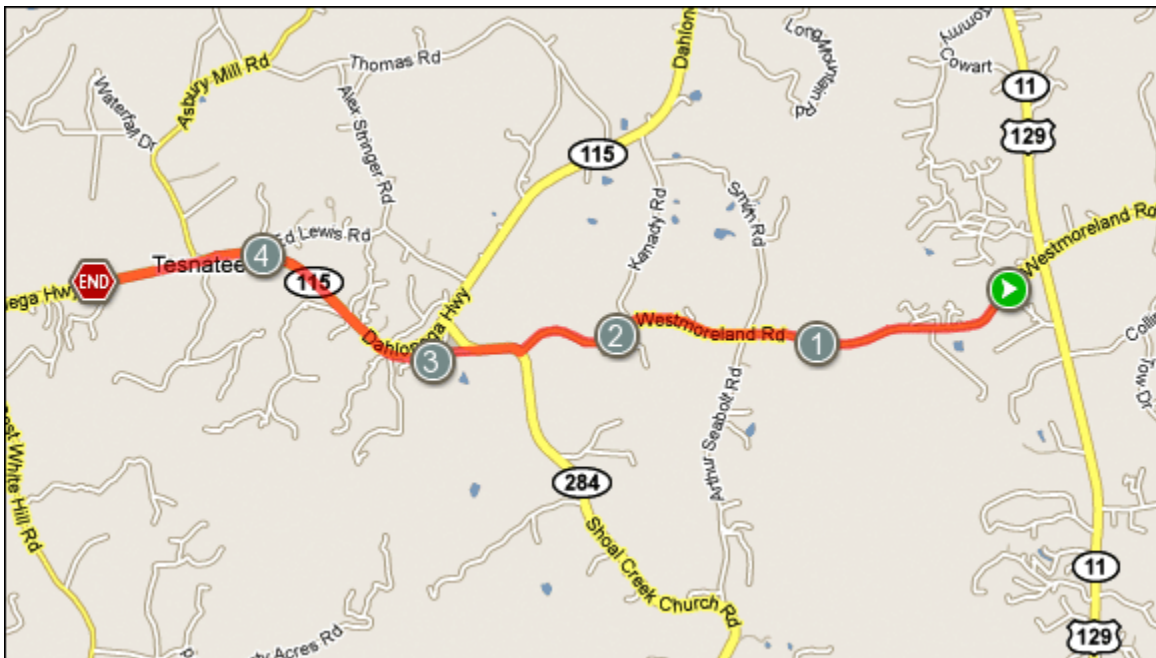
# LEG 22 - Solid Rock Baptist Church (Bob's Leg of Discontent)

4.7 MILES | MEDIUM

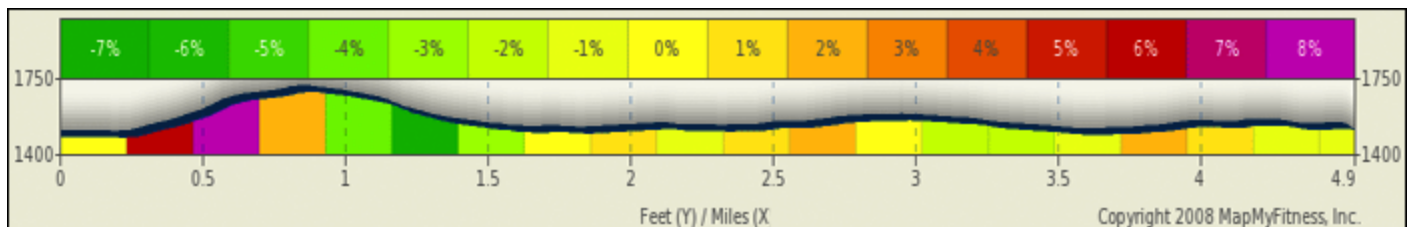


## RUNNER DIRECTIONS

1. Left onto Westmoreland Road to **2.6 miles**
2. Right on Highway 284 to **2.8 miles**
3. At fork in road, take a FAST Left onto Shoal Creek (watch for 284 sign in the middle)
4. Pass church; go straight at traffic sigh to **3.3 miles**
5. Left on Highway 115, DEFINITELY RUNNING AGAINST TRAFFIC, to **4.7 miles**
6. Solid Rock Baptist Church on the right (there is a rise in the road – DO NOT CROSS INTO CHURCH LOT UNTIL YOU CAN SEE)



**ELEVATION:** min: 1440ft | max: 1716ft | ascent: 341ft | descent: -305ft



# LEG 22 - Solid Rock Baptist Church (Bob's Leg of Discontent)

4.7 MILES | MEDIUM

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## VAN DIRECTIONS

1. Left onto Westmoreland Road to **2.6 miles**
2. Right on Highway 284 to **2.8 miles**
3. At fork in road, take a FAST Left onto Shoal Creek (watch for 284 sign in the middle)
4. Pass church; go straight at traffic sign to **3.3 miles**
5. Left on Highway 115, DEFINITELY RUNNING AGAINST TRAFFIC, to **4.7 miles**
6. Solid Rock Baptist Church on the right (there is a rise in the road – DO NOT CROSS INTO CHURCH LOT UNTIL YOU CAN SEE)