

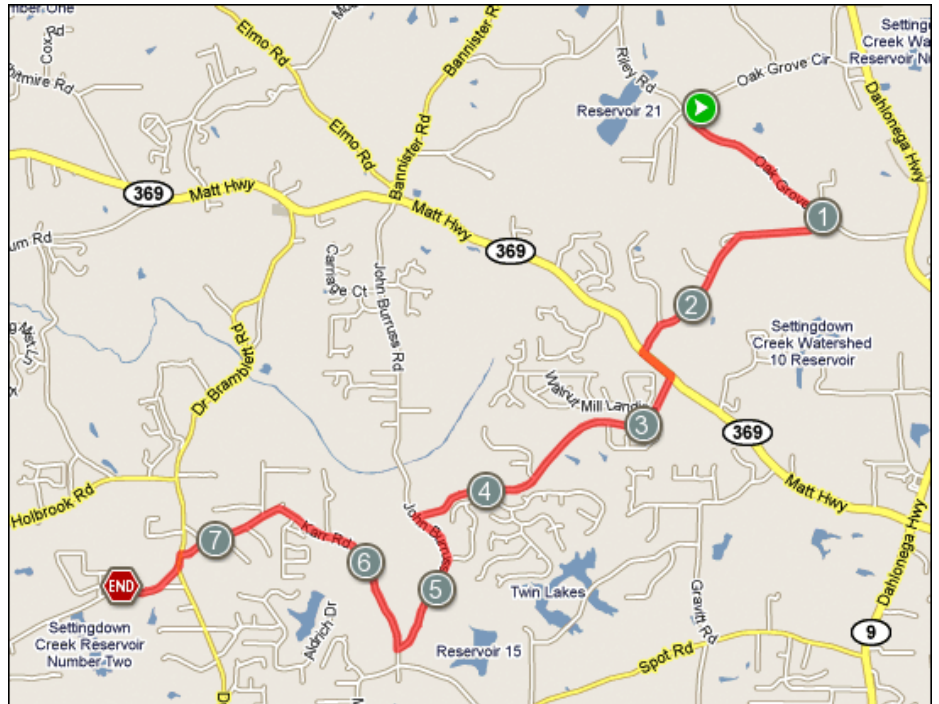
LEG 30 - Pleasant Grove United Methodist Church

7.9 MILES | VERY HARD

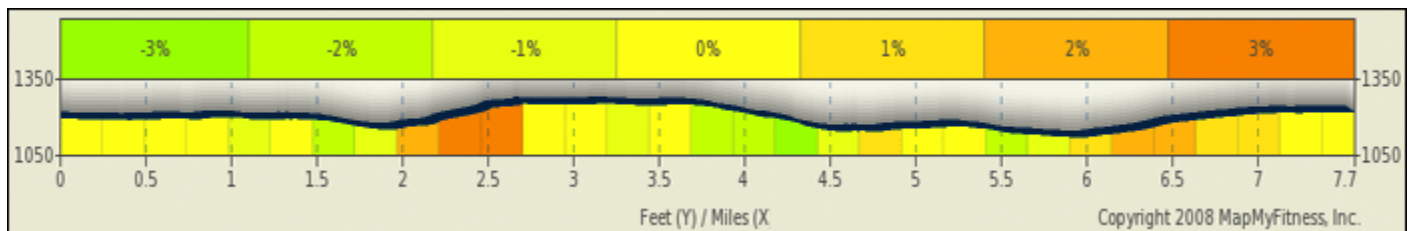


RUNNER DIRECTIONS

1. Depart Oak Grove Baptist Church onto Oak Grove Circle at **.1 miles**
2. Take a left at stop sign onto Oak Grove Circle to **1.1 miles**
3. Right on Hubert Martin to end at **2.5 miles**
4. Left on 369/Matt Highway to **2.7 miles**
5. Right on Hendrix to end at **4.5 miles**
6. Left John Burruss Road to **5.5 miles**
7. Right on Karr to **7.3 miles**
8. Left Doctor Bramblett Road to **7.5 miles**
9. Veer right onto Pleasant Grove Road to **7.9 miles**



ELEVATION: min: 1099ft | max: 1302ft | ascent: 262ft | descent: -243ft



LEG 30 - Pleasant Grove United Methodist Church

7.9 MILES | VERY HARD



VAN DIRECTIONS

(caution cyclists)

1. Depart Oak Grove Baptist Church onto Oak Grove Circle at **.1 miles**
2. Take a left at stop sign onto Oak Grove Circle to **1.1 miles**
3. Right on Hubert Martin to end at **2.5 miles**
4. Left on 369/Matt Highway to **2.7 miles**
5. Right on Hendrix to end at **4.5 miles**
6. Left John Burruss Road to **5.5 miles**
7. Right on Karr to **7.3 miles**
8. Left Doctor Bramblett Road to **7.5 miles**
9. Veer right onto Pleasant Grove Road to **7.9 miles**